

**PERINATAL SUBSTANCE ABUSE PREVENTION (PSAP)
SUBCOMMITTEE MINUTES
March 14, 2006**

SUBCOMMITTEE MEMBERS PRESENT

Maggie Carlton, Senator
John Hiatt, Ph.D.
Thomas Lee, Proxy for Charlene Herst
Colleen Morris, M.D.
T.J. Rosenberg
Janie Lowe
Beverly Neyland, M.D.
Barbara Caskey, Proxy for Maria Canfield

SUBCOMMITTEE MEMBERS ABSENT

Susan Gonzales, Ph.D.
Terrence McGaw, M.D.
Candice Kidd
Patty Lee

STATE HEALTH DIVISION STAFF PRESENT

Judith Wright, Chief, Bureau of Family Health Services (BFHS)
Cynthia Huth, MSN, CNM, Health Program Specialist 2, BFHS
Tami Terstege, Administrative Assistant 4, BFHS

CALL TO ORDER

Senator Maggie Carlton called the Perinatal Substance Abuse Prevention (PSAP) Subcommittee meeting to order at **10:07 a.m.** The meeting was videoconferenced at the Legislative Counsel Bureau (LCB), 401 South Carson Street, Room 3143, Carson City, Nevada, and the Grant Sawyer State Building, 555 East Washington Boulevard, Room V4406, Las Vegas, Nevada. This was a public meeting, and the public was invited to make comments. In accordance with the Open Meeting Law this meeting was posted at the following locations: Bureau of Family Health Services (BFHS), Carson City; Kinhead Building, Carson City; Nevada State Library and Archives, Carson City; Washoe County District Health Department (WCDHD), Reno; Elko Nursing Office, Elko; LCB, Carson City; Grant Sawyer State Building, Las Vegas; and the Health Division Website: www.health2k.state.nv.us.

Introductions were made around the table.

APPROVAL OF MINUTES FROM MEETING OF SEPTEMBER 20, 2005

Ms. T.J. Rosenberg moved to approve the September 20, 2005 minutes. Dr. Beverly Neyland seconded. **MOTION APPROVED**

PSAP SUBCOMMITTEE CO-CHAIR REPORT

Senator Carlton stated there is no report.

DISCUSSION AND POSSIBLE SUBCOMMITTEE RECOMMENDATION TO MEET WITH REPRESENTATIVES FORM THE LEGISLATIVE COMMITTEE ON HEALTH CARE SUBCOMMITTEE TO DISCUSS PERINATAL SUBSTANCE ABUSE TREATMENT AND PREVENTION ISSUES

Senator Carlton suggested the subcommittee write a letter to the Legislative Committee on Health Care requesting time on their agenda. The presentation with the Health Care Subcommittee would be to introduce the PSAP Subcommittee into their record and share the Town Hall Report upon approval. Senator Carlton informed Dr. Colleen Morris the Health Care Subcommittee deals strictly with substance abuse but is not sure if they will be including mental health. Dr. Morris motioned to send a letter to the Health Care Subcommittee requesting time on their next agenda. Dr. Neyland seconded. **MOTION APPROVED.**

SUBCOMMITTEE DISCUSSION AND POSSIBLE ACTION REGARDING FETAL ALCOHOL SPECTRUM DISORDER (FASD) TOWN HALL MEETING AGENDAS AND PANEL MEMBER SELECTION

Cynthia Huth stated the Town Hall Report is a compilation of all the testimonies given at the two Town Hall meetings in addition to written testimonies provided by physicians, social workers, and other professionals who work with children who have Fetal Alcohol Syndrome (FAS) and families affected by Fetal Alcohol Spectrum Disorder (FASD). Senator Carlton stated the Town Hall meetings were a good exposure as to what the needs are for families affected by FASD. A recommendation in the report states there is a need for a central location to help individuals find help. Senator Carlton stated a Town Hall Meeting is for people to state their opinions and experiences to let it be known what problems need to be addressed. Barbara Caskey stated to also clarify what the report entails in the executive summary and to add the steps or activities which are being planned. Dr. John Hiatt stated if the steps or activities to be taken were added to the report; it would no longer be considered a report on a Town Hall meeting. Dr. Hiatt stated the report is not an academic study on FASD, but of real people describing real problems, their feelings and experiences, and found it to be very powerful. Janie Lowe stated it is necessary to put in perspective where the report is coming from and how powerful and important it is. Senator Carlton suggested adding on page 2 of the report the purpose of the report and thanking the parents and children, acknowledging their importance in the process of the Town Hall meetings. Ms. Caskey suggested on page 4 last paragraph to start off with "First and foremost" instead of "And finally". Ms. Lowe stated the necessity to clarify where and how the report will be utilized. Senator Carlton stated the focus of the subcommittee is the strategic plan and the report is a piece of the strategic plan, as far as hearing the public's comments prior to the start of the plan. Senator Carlton stated the report does not need to be expanded into something it is not. This is a report on what transpired at the Town Hall meetings and who gave testimonies and who participated. Dr. Morris stated the testimonies from social workers, nurses, doctors etc. and hearing what is important from the family perspective were very powerful. Dr. Neyland motioned to approve the Town Hall Meeting Report with the addition of the acknowledgement of participants to be placed on page 2. Ms. Caskey seconded. Ms. Lowe abstained, all others in favor. **MOTION APPROVED**

SUBCOMMITTEE DISCUSSION, IDENTIFICATION AND APPROVAL OF PSAP SUBCOMMITTEE WORKGROUP MEMBERS TO DEVELOP THE NEVADA FASD STATEWIDE PLAN

Ms. Huth stated she had requested from the FASD Centers of Excellence help with the statewide FASD plan but they have not yet committed to helping. Ms. Huth stated Dr. Susan Gonzales had indicated her interest in being on the work group to produce the statewide FASD plan and had started a draft on the FASD plan. Ms. Huth stated it would be useful to bring in data, statistics and any reports wanted on the strategic plan when the working group meets. Ms. Huth stated if all is gathered, a plan should be finalized within three or four months with at least one meeting a month. Ms. Huth stated the FASD plan will be incorporated into the PSAP statewide needs assessment and strategic plan. The plan is to be done and ready to be presented before the next legislature. Senator Carlton opened the floor for members who would like to participate with the working group. Dr. Morris, Ms. Caskey who is sitting in for Maria Canfield and Dr. Neyland volunteered. Dr. Gonzales, who is absent, had stated her interest in participating in the working group. Dr. Morris stated it would be helpful to have parents or foster parents, as well as a representative from the education system in the working group. Senator Carlton stated she would reach out to parents who attended the Town Hall meeting to see if they would be interested in participating in the workgroup. Dr. Morris motioned to approve the working group for the FASD statewide plan to include Dr. Gonzales, Dr. Neyland, Ms. Canfield or designated representative, Dr. Morris and a parent or someone with FASD or both and a representative of the School District. Dr. Neyland second. **MOTION APPROVED.**

SUBCOMMITTEE DISCUSSION AND RECOMMENDATION OF THE PSAP PROGRAM PRIORITIES FOR 2006

Ms. Huth stated she had asked the subcommittee members to email her about their thoughts on the priorities of the PSAP subcommittee for 2006. The responses were to hold the Town Hall meetings, seek statewide improvement of FASD, create a statewide needs assessment and the needs assessment and a strategic plan are being worked on in collaboration with the Bureau of Alcohol and Drug Abuse (BADA). The FASD plan and the Perinatal Substance Abuse plan will be put together into one large document and should be finalized by August 2006. Other responses were to continue to support the program which provides warning signs of alcohol and pregnancy, as well as to support current and future efforts to foster smoking cessation. Ms. Huth stated she had added the Children's Trust Fund Grant due to the fact the grant is used to fund the bus advertisements in Clark County. Ms. Huth stated the bus advertisements ended on February 28, 2006 due to funding ending and the subcommittee would have to seek more funding to continue the public education campaign. Other priorities are to work on the Maternal Report Form PSAP database by meeting with each agency that submits Maternal Report Forms to discuss when and how to fill out the form, and where to send it into the Bureau; to plan a PSAP Subcommittee summit meeting after the Needs Assessment/Strategic Plan and FASD Statewide Plan are approved; and to meet with the State Wide Substance Abuse Coalition chair. The Subcommittee requested standing reports from a variety of agencies dealing with Perinatal Substance Abuse issues. Dr.

Neyland motioned to approve the PSAP subcommittee program priorities with any additions needed. Dr. Morris seconded. **MOTION APPROVED.**

PSAP BYLAWS FORMAT CHANGE AND ADDED DISCLAIMER TO BRING THEM INTO COMPLIANCE WITH DEPARTMENT OF HEALTH AND HUMAN SERVICES

Judith Wright stated the department had standardized all their bylaws and they now have to be approved by the director. A disclaimer statement has been added. Another change is that items need to be submitted 30 days before the meeting takes place in order to be placed on the agenda. Items can be presented under public comments but would not be publicly noted as an action item. New language can be found in Nevada Revised Statutes (NRS) in reference to FASD on Article III, Section A, h and i. Senator Carlton and Dr. Hiatt stated their concern as to what can be considered an affiliation. Item Tabled and a representative of the Attorney Generals office will be asked to explain the disclaimer.

SUBCOMMITTEE RECOMMENDATIONS TO STAFF

Ms. Huth informed she will be emailing the working group members, asking for dates available and will be setting up places to hold the meetings. Working group members will be asked to bring their information to the meetings. The meetings will be videoconferenced whenever possible. The plan is to hold one meeting a month until July 2006 with a finish by August of the same year. Senator Carlton stated working group members would be able to work together in between meetings to accomplish the necessary work for the following meeting. The results of the working group will be reviewed by the PASP subcommittee and then approved by the Maternal and Child Health Advisory Board (MCHAB).

PSAP COORDINATOR REPORT

Ms. Huth stated reports are sent in by various agencies if a child had been exposed to drugs or tobacco during pregnancy. Ms. Huth informed there were 181 reports during 2005 and apologized the report is incomplete; it is unclear what happened to the rest of the reports. Normally about 300 reports are obtained per year. The drugs most frequently used were amphetamines, tobacco, alcohol, etc. which are consistent with the reports of the last several years. Most of the income levels of the individuals reported were below the poverty level, which has also been consistent for the last three years. Ms. Huth stated she is considering putting the report on Survey Monkey so agencies can go directly to Survey Monkey, input the information and be done. Survey Monkey will tabulate the results at the end of the year and automatically generate a report. Dr. Morris clarified the report is of children no longer being cared for by their biological family and have been placed under state custody.

PUBLIC COMMENT AND DISCUSSION

No public comment.

Meeting adjourned at **11:24am.**